

**Rocking 45 Farm, LLC**  
**Basic Western Riding Instruction, Horsemanship, Schooling Cattle**  
**2016-2017**

3342 E. Co 17 ¾ Yuma, AZ 85365  
928-919-3122

Student/Participant Name \_\_\_\_\_ Age \_\_\_\_\_

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Riding Goals \_\_\_\_\_

**All riding students are required to wear a SEI approved riding helmet. YES/NO** \_\_\_\_\_

All individuals riding on a saddle must wear smooth soled boots (NO tread!) with at least a 1/2-inch heel.

All individuals must be physically fit and capable of performing the physical activities required by this program.

All individuals must come to sessions with a cooperative learning attitude.

Waivers of liability must be signed prior to the start of the first session.

A parent or legal guardian must accompany minor students on the premises during the riding instruction session.

**Fees**

*Payment is to be made prior to the start of each session. All sessions by appointment.*

One-hour group lesson with student owned horse, \$25.00 per student.

One hour individual or group, ground work session, \$ 45.00 per participant, available by appointment only.

One-hour semi-private classes are \$35.00 per student. No more than 4-5 students.

Private one-hour sessions are \$50.00 per student and are available by appointment.

Cattle schooling fees for one-hour sessions are \$20.00 for adult, \$15.00 for youth, broken horns or cattle injuries \$750.00 a head cattle replacement fee.

**Cancellation policy**

Please cancel 24 hours prior to the start of their class or private session.

Classes will be cancelled and rescheduled if there is lightning, steady rain, or storms (including high winds or sandstorms) occurring at the facility at class time. Call ahead to determine whether class is cancelled on inclement days.

**Equine Facility Rules**

Wait for your instructor/volunteer in the designated waiting area. A parent or legal guardian must accompany minor students. **Do NOT** approach any horses without instructor/volunteer supervision. Keep small children from approaching horses. **Smoking in designated areas only, do not smoke around hay please.**

**LIABILITY RELEASE:**

I acknowledge the risks and potential risks of interacting with horses. However, I feel the possible benefits to my family or the children I care for are greater than the risk assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against Rocking 45 Farm, LLC, its board of directors, instructors, therapists, volunteers and/or employees for any and all injuries and/or losses I may sustain as a result of use of Rocking 45 Farm, LLC's property, equipment, or facilities while participating.

**In conformity with Arizona law, A.R.S. §12-553, Limited liability of equine owners; exception; definitions, this is a "Release," which means it is a document that a person signs before taking control of an equine from the owner or owner's agent. A signed release acknowledges that the person is aware of the inherent risks associated with equine activities, is willing and able to accept full responsibility for his own safety and welfare and releases the equine owner or agent from liability unless the equine owner or agent is grossly negligent or commits willful, wanton or intentional acts or omissions. Under Arizona Law, an "Equine" means a horse, pony, mule, donkey or ass.**

**Per ARS §12-553, I AM AWARE OF THE INHERENT RISKS ASSOCIATED WITH EQUINE ACTIVITIES, AND AM WILLING AND ABLE TO ACCEPT FULL RESPONSIBILITY FOR MY OWN SAFETY AND WELFARE IN CONSIDERATION FOR THE RITE TO PARTICIPATE IN HORSEMANSHIP AND HORSE- BACK RIDING ACTIVITIES.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City/Zip: \_\_\_\_\_

**Signature of Parent or Guardian (if student (s) under 18 years of age):**

Print Name \_\_\_\_\_

# Rocking 45 Farm, L.L.C.

## The Basic Western Riding Instruction and Horsemanship, Schooling Cattle, 2016-2017

The following is **NOT** a schedule but rather an outline of skills to be mastered. Participants will progress at their own individual pace. Some skill sets are combined with others during sessions.

### Resource Materials

Resource materials may be provided covering such subjects as routine foot care, parts of the western saddle, bits and biting, and horse colors and markings. Several horse books and magazines are available for the student/participant to borrow and take home and read. A notebook should be kept for small assignments concerning horse-related topics. Examples include; horse colors, different breeds, lameness definitions, etc.

### The Nature/Behavior of the Horse

A ground lesson that centers on a common sense approach to understanding how the horse responds to his environment and how to safely approach and handle a horse. Herd dynamics and pecking order.

- a) walk up to a horse
- b) halter, lead, and tie using one of three quick release knots
- c) groom; brushing, bathing, clipping, picking up and cleaning a hoof

### Preparing to Ride

- a) saddling (all students/participants will start with a bareback pad, then progress to a saddle once balance has been achieved)
- b) bridling
- c) start, stop, and turn (you should know this *before* you attempt to move the horse)

### Mounting, Dismounting, and Alignment

Learn proper mounting and dismounting techniques and how to adjust your position on the horse to bring your body into correct alignment for a balanced riding seat.

### The Beginning of "Feel"

Learn & practice exercises on horseback that allow the rider to move with the horse. Using leg cues.

### Developing a Secure Leg

Learn and practice exercises on horseback that allow the upper body to move around over secure and correctly placed legs. Turning horse with leg pressure.

### Moving with the Horse at the Slow Trot or Jog

An exercise, which prepares the student/participant for the sitting, trot.

### Sitting Trot (both slow and extended trot)

The ability to sit the big extended trot with a balanced and relaxed seat is a major milestone for beginning riders. The exercises learned and practiced in earlier sessions lead up to this important skill.

**Loping** the next gait faster than a trot, but not hand galloping.

### Management

Recommendations on feeding and care for a horse to include; de-worming, conditioning, rehabilitation, supplement usage, behavior, herd management, annual teeth floating, hoof trimming and shoeing, etc.

### Trailer Loading

Explanation and demonstration of loading a well-trained horse and a foal or young horse, and techniques for emergency loading so as not to injure the horse.

**Schooling Cattle**- learn to track and sort.